

# klarisana

Ketamine Therapy  
& Mental Health Clinics

*Rebuild your life.*



## PTSD IN FIRST RESPONDERS

First responders face significant mental health challenges due to their exposure to trauma and high-stress environments. Research indicates that approximately one in three first responders develops PTSD, compared to one in five in the general population. Factors such as long hours, repeated exposure to trauma, and stigma contribute to these issues. Klarisana is working to change this by offering ketamine and mental health services to first responders to bring a sense of hope back to individuals struggling.

## ABOUT US

Klarisana has been providing ketamine therapy for the treatment of PTSD since 2015.

We are one of the most experienced ketamine therapy providers in the US and have published our results in several peer-reviewed publications.

Our methodology employs intramuscular (IM) ketamine, which puts patients quickly under the psychedelic influence, allowing them more time to delve into the vibrant soul-searching experience and take the most meaningful insights out of it as possible.



Our First Responders Program is a year-long treatment plan, however significant improvements are often seen in the first two months of treatment. This program offers ketamine therapy along with life altering integration sessions to allow you to get to the source of your suffering and start to reprogram your subconscious mind.

Scan to start your journey to wellness



# klarisana

Ketamine Therapy  
& Mental Health Clinics

## OUR MISSION



KLARISANA'S FOUNDER,  
DR. CARL BONNETT

After spending 20 years in the Army National Guard and being deployed four times to Iraq and Afghanistan, Carl J. Bonnett became Klarisana's Founder and Medical Director in 2015.

As an emergency medicine physician, Dr. Bonnett had extensive experience with ketamine in both hospital settings and in forward-deployed military environments. To him, the concept that ketamine could actually treat severe depression, PTSD, and other mental health conditions represented a radical yet exciting paradigm shift in the traditional use of ketamine.

## LOCATIONS

### COLORADO

DENVER  
THORNTON  
LONGMONT

### TEXAS

AUSTIN  
SAN ANTONIO

CALL OR TEXT US:

**844-455-2747**

"Ketamine therapy has been a transformative experience for my mental well-being. It has granted me the capacity to confront and process the challenging and traumatic events I have encountered involving life-threatening situations, severe injuries, or loss of life. I believe it has enabled me to relegate my PTSD to the realm of long-term memory, no longer dominating my thoughts incessantly. My profound improvement in mental health is largely owed to the positive effects of ketamine therapy."

PATIENT TESTIMONIAL

"My work-related anxiety is now a thing of the past. I can effectively communicate my needs for success to my superiors in a respectful manner and establish clear boundaries to maintain a healthier work-life balance. This substantial shift in my mental health can be attributed to the benefits of ketamine therapy."

PATIENT TESTIMONIAL

"My first treatment with ketamine went smoothly. I was very nervous going into it but the staff were very polite and reassured me that I was safe. I took detailed notes in a separate notebook to document my experience with ketamine. After just the first session, I felt that I was able to implement years of counseling and different techniques that previously didn't work. I felt an immense amount of peace and began to enjoy the small things in life as I was present to do so. I remember seeing a painting and appreciating it for the art it was, not just accounting for its space taken up on the wall. I felt hope for once... Hope that I was not permanently held down by my trauma."

PATIENT TESTIMONIAL



COLORADO FIREFIGHTER  
HEART, CANCER & BEHAVIORAL HEALTH  
BENEFITS TRUST